

Instructions whilst wearing a Loop Monitor

- ♥ If symptoms are felt, push the button on the front of monitor, once only.
- ♥ The monitor will beep twice when the recording starts and will beep twice again when the recording has finished.
- ♥ When the monitor is full (ten recordings) it will beep five single beeps to let you know it needs downloading. Symptoms can be downloaded 24 hours a day regardless of number of the symptoms recorded 1 – 10.
- ♥ To download recordings: unplug lead wire from the top of the monitor. Call 9594 2686 and follow the prompts. Have all information handy (eg your hospital UR number and this diary). Remember the download number is: **03 9594 2686** and follow the prompts.
- ♥ Electrodes are to be changed every day. When you are taking the monitor off to shower, take out the lead wire (the plug at the top of the monitor) then unclip the wires from the electrodes. Make sure your skin is clean and dry or the electrodes will not stick when you replace them.

Results

Your doctor should have your report within one week.



Loop Monitor Diary

MonashHeart
Monash Medical Centre
246 Clayton Road,
Clayton
Victoria, 3168
Enquiries: 9594 2249

MonashHeart
Dandenong Hospital
David Street
Dandenong
Victoria, 3175
Enquiries: 9554 8322

MonashHeart
Casey Hospital
52 Kangan Drive
Berwick
Victoria, 3806
Enquiries: 8768 1826

Patient Details:



www.monashheart.org.au

It is essential you return your monitor to MonashHeart between 10am – 1.00pm

on: (date) at: (time)

so the next booked patient can have the monitor applied in the afternoon

