

CARDIAC INHERITED DISEASES CLINIC REFERRAL FORM

Identify

Patient Details/Bradma

Patient Name: Date of Birth:

Address:

Home Phone: Mobile:

Email:

Monash Health UR Number:

Requester Details

Referring Dr: Signature: Date:

Provider No: Phone No: Pager Nos:

Address:

Copy of Report/Letters to: 1.

2.

Situation Relevant clinical details of any cardiac symptoms

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Please tick reason for referral:

- | | |
|--|--|
| <input type="checkbox"/> Personal or family history of Long QT syndrome/Short QT syndrome/Brugada syndrome/ Catecholaminergic polymorphic VT | <input type="checkbox"/> Family history of an unexplained sudden death < 40 years of age |
| <input type="checkbox"/> Survivor of an unexplained cardiac arrest < 40 years of age | <input type="checkbox"/> QTc > 460 ms in males/QTc > 480 ms in females/QTc ≤ 360 ms |
| <input type="checkbox"/> Recurrent unexplained syncope (>1 episode) | <input type="checkbox"/> Short coupled ventricular ectopic beats (<300ms) |
| <input type="checkbox"/> Type I, II, or III Brugada pattern on ECG | |
| <input type="checkbox"/> Polymorphic ventricular arrhythmias (>4 consecutive ventricular beats of differing morphology) | |

Background Brief medical history including details of any past cardiac investigations or any developmental or non-cardiac health concerns

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Current medications:

Baseline Investigations: ECG Date:/...../..... QTc:ms

Blood Test Date:/...../..... Na / K / Corrected Ca / Mg / Creatinine / TSH / FT4

Assessment Clinical question to be answered with Cardiac Inherited Diseases Clinic review

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Request

- Cardiac Inherited Disease Clinic - Cardiologist Review

Thank you for your referral. Your patient will receive an appointment for our Cardiac Inherited Diseases Clinic at MonashHeart Clayton. You will receive a letter regarding findings/tests/recommendations.

The MonashHeart Cardiac Inherited Diseases (CID) Clinic is conducted fortnightly at MonashHeart Clayton and offers an entry point into the MonashHeart Cardiology service for individuals aged between 12 and 40 years who may be at risk of sudden cardiac death.

The CID clinic is a cardiologist led clinic focusing on the diagnosis and management of inherited cardiac channelopathies including (but not limited to) Long QT Syndrome, Short QT Syndrome, Brugada Syndrome, Catecholaminergic Polymorphic Ventricular Tachycardia, and Idiopathic Ventricular Fibrillation.

There will be no cost to the patient for consultations. The CID clinic is bulk billed.

Referral Guidelines

- Personal or family history of Long QT syndrome/Short QT syndrome/Brugada syndrome/Catecholaminergic polymorphic ventricular tachycardia
- Survivor of an unexplained cardiac arrest below the age of 40 years
- Family history of an unexplained sudden death below the age of 40 years
- Recurrent unexplained syncope (>1 episode)
- QTc > 460 ms in males/QTc > 480 ms in females
- QTc ≤ 360 ms
- Type I, II, or III Brugada pattern on ECG
- Short coupled ventricular ectopic beats (<300ms)
- Polymorphic ventricular arrhythmias (>4 consecutive ventricular beats of differing morphology)

Patients INAPPROPRIATE for the CID Clinic

- Palpitations without any of the above characteristics
- Syncope without any of the above characteristics
- Known cardiac structural abnormalities (e.g. dilated cardiomyopathy)
- Chest pain
- Coronary artery disease



MonashHeart is located at three specialist locations:

MonashHeart Suite D

Level 2, Monash Medical Centre,
246 Clayton Road, Clayton 3168

Tel: 03 9594 2463

Fax: 03 9594 6017

www.monashheart.org.au