

ADULT AND ADOLESCENT CONGENITAL HEART DISEASE CLINIC REFERRAL

Identify

Patient Details/Bradma

Patient Name: Date of Birth:

Monash Health UR Number:

Address:

Home Phone: Mobile:

Email:

Requester Details

Referring Dr: Signature: Date:

Provider No: Phone No: Pager Nos:

Address:

Copy of Report/Letters to: 1.

2.

Situation Relevant clinical details including details of underlying cardiac diagnosis and any current cardiac symptoms.

Cardiac Surgery or Interventions Details of all previous cardiac surgeries and interventions including age and institution at which performed. Please provide copies of any previous surgical or interventional reports if available.

Background Brief medical history of any additional medical diagnoses including chromosome abnormalities, intellectual disability or other, including any non-cardiac chest surgery.

Hypertension

Smoking

Diabetes

Family History of Heart Disease

Current medications:

Assessment Any specific clinical questions to be answered with congenital heart disease clinic review

Request

Review of current status and recommendations for future follow up of congenital heart disease

Thank you for your referral. Your patient will be seen electively at our Adolescent and Adult Congenital Heart Disease Clinic at MonashHeart Clayton, with a letter back to you regarding findings/tests/recommendations. For urgent referrals please contact MonashHeart to speak directly to an appropriate congenital heart disease Cardiologist.

Your doctor has recommended that you use MonashHeart. You may choose another provider but please discuss this with your doctor first.

The MonashHeart Adolescent and Adult Congenital Heart Disease Clinic (AACHD Clinic) is conducted monthly at MonashHeart Clayton. Options are also available to be seen at MonashHeart Casey.

The AACHD clinic is led by cardiologists with a thorough knowledge and understanding of both simple and complex congenital heart disease, associated surgeries and interventions, and the potential longer term complications, together with the indications for further intervention or surgery in the adult population. There is also a knowledge and understanding of the interactions between congenital heart disease and pregnancy and any potential risks or complications which may be anticipated. AACHD cardiologists work closely with other subspecialist cardiologists within MonashHeart, including adult interventional cardiologists and electrophysiologists.

Patients may be followed up long term through the AACHD clinic, or alternatively shared care arrangements with a local cardiologist may be considered if appropriate. All patients with congenital heart disease would be advised to continue intermittent review with a congenital heart disease cardiologist.

There will be no cost to the patient. The AACHD clinic is bulk billed.

Referral Guidelines

Appropriate patients for the AACHD Clinic include:

Patients with congenital heart disease

- Of adult age, or
- Younger teenagers who are ready to transition from paediatric clinics.

Patients who are not appropriate for AACHD clinic include:

- **Patients who do not have congenital heart disease**
- **Patients with unstable symptoms – should be referred to the closest Emergency Department or discussed directly by the referring doctor with a congenital heart disease cardiologist as appropriate**
- **Chest pain at rest, unstable angina/chest pain syndromes (should be referred to the closest Emergency Department)**
- Non cardiac complaints, unless the question to be addressed relates to the interaction of the non-cardiac complaint with the patient's congenital heart disease.



MonashHeart Suite D

Level 2, Monash Medical Centre
246 Clayton Road, Clayton 3168
Tel: 03 9594 2463
Fax: 03 9594 6017

www.monashheart.org.au