

## RAPID ASSESSMENT CHEST PAIN CLINIC REFERRAL FORM

### Identify

#### Patient Details/Bradma

Patient Name: ..... Date of Birth: .....

Address: .....

Home Phone: ..... Mobile: .....

Email: .....

Southern Health UR Number: .....

#### Requester Details

Referring Dr: ..... Signature: ..... Date: .....

Provider No: ..... Phone No: ..... Pager Nos: .....

Address: .....

Copy of Report/Letters to: 1. ....

2. ....

### Situation

 Relevant clinical details including details of any cardiac symptoms

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### Background

 Brief medical history including details of any past cardiac investigations

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- |  |  |
|--|--|
| <input type="checkbox"/> Hypertension                              | <input type="checkbox"/> Smoking                         |
| <input type="checkbox"/> Diabetes                                  | <input type="checkbox"/> Family history of heart disease |
| <input type="checkbox"/> Previous PCI/stents to .....              | <input type="checkbox"/> Previous CABGs to .....         |
| <input type="checkbox"/> Renal dysfunction Creatinine ..... umol/l | <input type="checkbox"/> Hypercholesterolaemia           |

Fasting Total Cholesterol (if available): ..... Fasting Lipids (if available): HDL ..... LDL ..... Triglycerides .....

Current medications: .....

### Assessment

 Clinical question to be answered with chest pain clinic review

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### Request

- Rapid Assessment Chest Pain Clinic - Cardiologist Review

**Thank you for your referral. Your patient will be seen within two weeks at our Rapid Assessment Chest Pain Clinic at MonashHeart Clayton, with a letter back to you regarding findings, investigation results and management plan.**

The MonashHeart Rapid Assessment Chest Pain Clinic (RACPC) is conducted three times per week at MonashHeart Clayton and offers a fast route entry system for outpatients into the MonashHeart Cardiology service.

The RACPC is a cardiologist led one-stop clinic for early and quick review of referred outpatients within two weeks of referral, without a waiting list or prolonged waiting times, to expedite outpatient assessment, investigations, diagnosis, treatment, risk-factor modification and follow-up of low to intermediate risk chest pain patients.

Patients will be seen once at the RACPC and, if further cardiology follow-up is required, this will be discussed with the patient and the referring doctor.

There will be no cost to the patient. The RACPC is bulk billed.

## Referral Guidelines

### Appropriate patients for the RACPC include:

Chest pain suspected to be of cardiac origin including

- Recent onset of chest pain
- Increasing chest pain
- Change in pattern of chest pain
- Chest pain of uncertain origin
- Other chest pain of concern

### Patients for hospital and/or direct cardiologist opinion include:

- **Chest pain at rest, unstable angina/chest pain syndromes (should be referred to the closest Emergency Department)**
- **Suspected myocardial infarction/acute ST elevation myocardial infarction (call an MICA ambulance so patient is transported direct to an angioplasty capable facility)**
- Patients with known acute coronary syndrome under the care of a cardiologist
- Patients with previous revascularization (CABGS and/or PCI) are to be referred back to their usual cardiologist
- Patients who are currently or who have previously been investigated by a cardiologist in the last two years
- Patients already under the care of a cardiologist
- Non cardiac complaints



### **MonashHeart Suite D**

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