

## Instructions whilst wearing a Loop Monitor

- ♥ If symptoms are felt, push the button on the front of monitor, once only.
- ♥ The monitor will beep twice when the recording starts and will beep twice again when the recording has finished.
- ♥ When the monitor is full (ten recordings) it will beep five single beeps to let you know it needs downloading. Symptoms can be downloaded 24 hours a day regardless of number of the symptoms recorded 1 – 10.
- ♥ To download recordings: unplug lead wire from the top of the monitor. Call 9594 2686 and follow the prompts. Have all information handy (eg your hospital UR number and this diary). Remember the download number is: **03 9594 2686** and follow the prompts.
- ♥ Electrodes are to be changed every day. When you are taking the monitor off to shower, take out the lead wire (the plug at the top of the monitor) then unclip the wires from the electrodes. Make sure your skin is clean and dry or the electrodes will not stick when you replace them.

## Results

Your doctor should have your report within one week.



## Loop Monitor Diary

Patient Details:

**MonashHeart**  
Monash Medical Centre  
246 Clayton Road,  
Clayton  
Victoria, 3168  
Enquiries: 9594 2249

**MonashHeart**  
Dandenong Hospital  
David Street  
Dandenong  
Victoria, 3175  
Enquiries: 9554 8322

**MonashHeart**  
Casey Hospital  
52 Kangan Drive  
Berwick  
Victoria, 3806  
Enquiries: 8768 1826



[www.monashheart.org.au](http://www.monashheart.org.au)

It is essential you return your monitor to MonashHeart between 10am – 1.00pm

on: ..... (date) at: ..... (time)

so the next booked patient can have the monitor applied in the afternoon

