

ADVANCED LIPID DISORDER (ALD) CLINIC REFERRAL FORM

Identify

Patient Details/Bradma

Patient Name: Date of Birth:

Monash Health UR Number:

Address:

Home Number: Mobile Number:

Email:

Requester Details

Referring Dr: Signature: Date:

Provider No: Phone No: Pager Nos:

Address:

Copy of Report/Letters to: 1.

2.

Situation Relevant clinical details including details of cardiac disease and lipid management

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Background Brief medical history including details of any past cardiac investigations or any developmental or non-cardiac health concerns

Hypertension Smoking.....

Diabetes..... Liver function

Previous stroke Coronary artery disease (e.g. previous AMI/PCI/CABGs)

Renal function Creatinine umol/l.....

Family history of premature coronary artery disease (Male <55 and Female <60)

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Current medications:

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Baseline Investigation (enclose copies of results with referral):

Lipid Profile (Including Lipoprotein (a) and Apo-B) Date: Fasting Blood Sugar, HbA1c Date:

Liver Function Test Date: Other..... Date:

Creatinine Kinase..... U/L

Assessment Clinical question to be answered with advanced lipid disorder clinic review

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Request

Advanced Lipid Disorder (ALD) Clinic - Cardiologist Review

Thank you for your referral. Your patient will receive an appointment for our Advanced Lipid Disorder Clinic at MonashHeart after confirmation of appropriate indications.

You will receive a follow-up letter regarding findings/tests/recommendations.

The MonashHeart **Advanced Lipid Disorder (ALD) Service** offers an Integrated Tertiary and Primary Care (ITPC) Clinical Lipid Service for patients with hereditary lipid disorders and high risk of cardiovascular disease experiencing management issues. This includes Familial Hypercholesterolemia (FH), Familial Combined Hyperlipidaemia (FCH), patients with progressive coronary artery disease and poorly controlled lipid profile, Atherogenic Dyslipidaemia (AD), serious side effects of statin therapy such as rhabdomyolysis, and severe hypertriglyceridemia complicated by pancreatitis.

The MonashHeart ALD service is a unique model of care for the management of advanced lipid disorders in Victoria integrating a tertiary care cardiologist led multidisciplinary clinic into the primary care conducted by General Practitioners (GPs) with a special interest in lipids. The ALD collaborating multidisciplinary team includes a dietician, clinical pharmacist, paediatric cardiologist, pathologist, geneticist, genetic counsellor, social worker and clinical psychologist. The MonashHeart ADL service has access to lipid apheresis facilities for clinically indicated patients.

This service has been established on evidence based medicine to optimise prevention of cardiovascular disease in our community by improving interdisciplinary teamwork, communication, education, accessibility of care and cost-effectiveness. Patients experiencing difficulties in the management of dyslipidaemia such as statin intolerance, those carrying a high risk of cardiovascular disease and not achieving target level in their lipid profile can be referred to one of the primary care GP-led lipid clinics working in partnership with MonashHeart ALD service. Details of primary care clinics are available on the MonashHeart website. Patients with a lipid disorder and aged under 18 years will be seen by the MonashHeart paediatric cardiology service by faxing a referral to +61 3 9554 8548.

The MonashHeart Advanced Lipid Disorder Clinic consultations are a bulk-billed service; however, depending on patient status there may be costs to cover pathology tests and/or additional lipid biomarkers.

Referral Guidelines

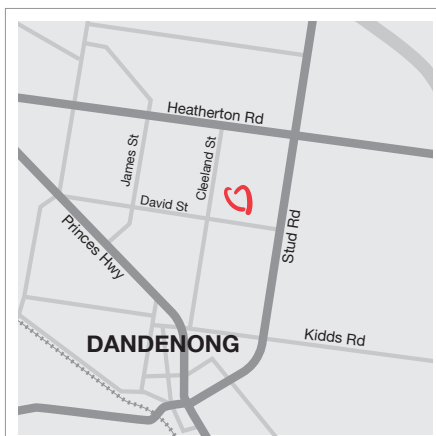
Appropriate patients for MonashHeart ALD Clinic include:

- Suspected Familial Hypercholesterolemia with DLCNS* ≥ 3
- Premature coronary artery disease (male < 55 y.o and female < 60 y.o) and suspected as having hereditary lipid disorders such as Familial Hypercholesterolemia, Familial Combined Hypercholesterolemia, etc.
- Patients with documented progressive coronary artery disease and Atherogenic Dyslipidaemia
- Severe hypertriglyceridemia; TG > 10 mmol/L with or without complication of pancreatitis
- Documented severe rhabdomyolysis as a side effect of statin therapy

The MonashHeart ALD clinic is not aimed for patients with:

- Uncomplicated statin intolerance
- Secondary dyslipidaemia
- Intermediate to high-risk profile patients for primary prevention
- Not formerly screened by DLCNS* or phenotypical diagnosis of FH
- Age < 18

*Dutch Lipid Clinic Network Score



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