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GP Lipid Clinic in Partnership with MonashHeart Advanced Lipid Disorder Service

Patient Details

Patient Name: _____ Date of Birth: /.... /....
Address: _____
Home Number: _____ Mobile Number: _____
Email: _____

Requester Details

Referring Dr: _____ Signature: _____ Date: .../.../....
Provider No: _____ Phone No: _____ Pager No: _____
Address: _____
Copy of Report/Letters to: _____

BACKGROUND Brief medical history (Please provide all details of known history of cardiac disease)

- Hypertension.....
- Smoking.....
- Diabetes.....
- Liver function.....
- Previous stroke.....
- Coronary artery disease (e.g. previous AMI/PCI/CABGs)
- Renal function Creatinine..... umol/l
- Creatinine Kinase.....U/L
- Family history of premature coronary artery disease (Male<55 and Female<60)
- History of statin therapy and previous intolerance if applicable. (Type of statins, duration of therapy, maximum tolerated dose, the nature of intolerance)

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Current medications:

Baseline investigation (enclose copies of results with referral):

- Lipid ProfileDate:/...../..... Fasting Blood Sugar, HbA1c Date:/...../.....
- Liver Function Test Date:/...../..... Other..... Date:/...../.....
- Vitamin D Level.....Date:/...../.....

Referral Guidelines

Appropriate patients for Ballarto LD Clinic include:

- Uncomplicated statin intolerance
- Secondary dyslipidaemia
- Intermediate to high-risk profile patients for primary prevention
- DLCNC* < 3 or low risk FH

The Ballarto LD clinic is not aimed for patients with:

- Suspected as Familial Hypercholesterolemia (FH) with DLCNS* ≥ 3
- Premature coronary artery disease (male < 55 and female < 60 y.o) and suspected as having hereditary lipid disorders such as FH, FCH, etc.
- Patients with documented progressive coronary artery disease and Atherogenic Dyslipidaemia (AD)
- Severe hypertriglyceridemia; TG > 10 mmol/L with or without complication of pancreatitis
- Documented severe rhabdomyolysis as a side effect of statin therapy

“The Ballarto “**Lipid Disorder (LD) Clinic**” is one of the first primary care lipid clinic in Victoria, run by a General Practitioner with a special interest in the management of lipid disorders. This clinic works in partnership with “**MonashHeart Advanced Lipid Disorder Service**” as part of an Integrated Tertiary and Primary Care (ITPC) Clinical Service to optimise the management of patients with dyslipidaemia.

This clinic has been established on the evidence-based medicine to optimise prevention of cardiovascular disease in our community by improving interdisciplinary teamwork, communication, education, accessibility of care and cost-effectiveness. Patients are experiencing difficulties in the management of dyslipidaemia such as statin intolerance, those carrying a high risk of cardiovascular disease and not achieving target level in their lipid profile can be managed in this clinic. Details of MonashHeart ALD service are available on the MonashHeart website:

<http://www.monashheart.org.au/index.php/for-medical-professionals/referrals/>

* **DLCNC:** Dutch Lipid Clinical Network Criteria