

## HYPERTENSION CLINIC REFERRAL

### Identify

#### Patient Details/Bradma

Patient Name: ..... Date of Birth: .....

Monash Health UR Number: .....

Address: .....

Home Phone: ..... Mobile: ..... Email: .....

Outpatient  Inpatient Ward .....

For Inpatient only: Treating Consultant .....

#### Requester Details

Referring Dr: ..... Signature: ..... Date: .....

Provider No: ..... Phone No: ..... Pager No: .....

Address: .....

Copy of Report/Letters to: 1. ....

2. ....

**Situation** Relevant clinical details including details of any underlying cardiac diagnosis and cardiac symptoms.

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**Background** of known pathology (please provide all details of known heart disease)

Diabetes  Hypertension  Previous PCI  Previous CABGs  Renal impairment, Creatinine.....umol/L

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**Assessment** Clinical question to be answered by Hypertension Clinic review

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### Request

Review of current hypertension status and recommendations for future management and follow up.

**Thank you for your referral. Your patient will be seen at our Hypertension Clinic at MonashHeart Clayton, with a letter back to you regarding findings/tests/recommendations.**

The MonashHeart **Hypertension Clinic** offers a referral service for hypertensive patients experiencing management issues including but not limited to drug-refractory hypertension, intolerance to or side effects from anti-hypertensive medications, unstable blood pressures or for consideration of renal denervation.

The Hypertension Clinic is cardiologist led and offers rapid access to 24-hour ambulatory blood pressure monitoring (usually same day), echocardiography, sleep studies and comprehensive evaluation for secondary causes of hypertension.

There will be no cost to the patient. The MonashHeart Hypertension Clinic is a bulk billed service.

24-hour ambulatory blood pressure monitoring will be performed, where appropriate, at no charge to the patient.

Patients will be seen promptly from initial referral.

## Referral Guidelines

### Appropriate patients may include those:

- ♥ Not achieving target blood pressure despite multiple medications or attempts at lifestyle intervention
- ♥ Intolerant to antihypertensive therapy
- ♥ Experiencing significant side-effects from therapy
- ♥ Suspected as having a secondary cause of hypertension such as renovascular disease, primary hyperaldosteronism, etc.
- ♥ Hypertension with associated conditions including obstructive sleep apnoea.



### **MonashHeart Suite D**

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[www.monashheart.org.au](http://www.monashheart.org.au)