

# Your medication information for Coronary Artery Disease

## Angiotensin 2 receptor antagonists or “Sartans”

Active Ingredient Name	Some Common Brand Names
Candesartan	Adesan <sup>®</sup> , Atacand <sup>®</sup> , Candesan <sup>®</sup> ,
Eprosartan	Teveten <sup>®</sup>
Irbesartan	Abisart <sup>®</sup> , Avapro <sup>®</sup> , Irbesat <sup>®</sup> , Irprestan <sup>®</sup> , Karbesat <sup>®</sup> , Karvea <sup>®</sup>
Losartan	Cozaar <sup>®</sup> , Cozavan <sup>®</sup>
Olmesartan	Olmotec <sup>®</sup>
Telmisartan	Micardis <sup>®</sup> , Mizart <sup>®</sup> , Teltartan <sup>®</sup>
Valsartan	Dilart <sup>®</sup> , Diovan <sup>®</sup>

### What are angiotensin 2 receptor antagonists?

- ♥ Angiotensin 2 receptor antagonists widen the blood vessels to lower blood pressure and reduce strain on the heart.
- ♥ They may work to:
  - Protect the heart from damage after a heart attack.
  - Reduce the risk of future heart attacks, strokes and death.
  - Treat heart failure.
  - Protect the kidneys from damage due to high blood pressure or diabetes.

### What should I do while taking them?

**Take your angiotensin 2 receptor antagonist every day according to the doctor’s instructions.**

- ♥ Angiotensin 2 receptor antagonists are usually taken once a day, with or without food.

**See your doctor for a check-up one to two weeks after starting angiotensin 2 receptor antagonist treatment, and every 6-12 months thereafter.**

- ♥ The doctor will measure your blood pressure and order a blood test to check your kidney function and blood potassium levels.

### What are the possible side effects?

- ♥ Contact your doctor or go to your nearest emergency department if you develop swelling of the face, mouth, tongue, lips or throat. This is an extremely rare side effect.
- ♥ You may feel dizzy when you first start taking an angiotensin 2 receptor antagonist or when the dose is increased.
  - To avoid dizziness, get up slowly from sitting or lying down.
  - Sit or lie down if you feel dizzy or light-headed.
  - Tell your doctor if you continue to feel dizzy after the first few weeks.
- ♥ Some people develop a dry, irritating cough when taking an angiotensin 2 receptor antagonist. If this occurs, you should discuss it with your doctor.
- ♥ Read the consumer medicines information leaflet or speak to your doctor or pharmacist if you would like more information about possible side effects.



**For more advice about information in this leaflet, contact:**

Monash Medicines Information -

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Consumer reviewed