

# Your medication information for Chronic Heart Failure

## ACE inhibitors

Active Ingredient Name	Some Common Brand Names
Captopril	Capoten <sup>®</sup> , Captopril Sandoz <sup>®</sup> , Zedace <sup>®</sup>
Enalapril	Acetec <sup>®</sup> , Auspril <sup>®</sup> , Malean <sup>®</sup> , Renitec <sup>®</sup>
Fosinopril	Fosipril <sup>®</sup> , Monace <sup>®</sup> , Monopril <sup>®</sup>
Lisinopril	Fibsol <sup>®</sup> , Liprace <sup>®</sup> , Prinivil <sup>®</sup> , Zestril <sup>®</sup> , Zinopril <sup>®</sup>
Perindopril	Coversyl <sup>®</sup> , Idaprex <sup>®</sup> , Indopril <sup>®</sup> , Indosyl Mono <sup>®</sup> , Perindo <sup>®</sup> , Prexum <sup>®</sup>
Quinapril	Accupril <sup>®</sup> , Acquin <sup>®</sup> , Aquinafil <sup>®</sup> , Qpril <sup>®</sup>
Ramipril	Prilace <sup>®</sup> , Ramace <sup>®</sup> , Tritace <sup>®</sup> , Tryzan <sup>®</sup> , Vascalace <sup>®</sup>
Trandolapril	Dolapril <sup>®</sup> , Gopten <sup>®</sup> , Tranalpha <sup>®</sup>

### What are ACE inhibitors?

- ♥ ACE inhibitors widen the blood vessels to lower blood pressure and reduce strain on the heart.
- ♥ They may work to:
  - Reduce your heart failure symptoms.
  - Reduce your need for hospital admissions.
  - Help you live longer.

### What should I do while taking them?

**Take your ACE inhibitor every day according to the doctor's instructions.**

- ♥ ACE Inhibitors are usually taken once a day, with or without food.
- ♥ Captopril is taken two or three times a day, on an empty stomach.

**See your doctor for a check-up one to two weeks after starting ACE inhibitor treatment, then every six to 12 months thereafter.**

- ♥ The doctor will measure your blood pressure and order a blood test to check your kidney function and blood potassium levels.

### What are the possible side effects?

- ♥ Contact your doctor or go to your nearest emergency department if you develop swelling of the face, mouth, tongue, lips or throat. This is an extremely rare side effect.
- ♥ You may feel dizzy when you first start taking an ACE inhibitor or when the dose is increased.
  - To avoid dizziness, get up slowly from sitting or lying down.
  - Sit or lie down if you feel dizzy or light-headed.
  - Tell your doctor if you continue to feel dizzy after the first few weeks.
- ♥ Some people develop a dry, irritating cough when taking ACE inhibitors. If this occurs, you should discuss it with your doctor.
- ♥ Read the consumer medicines information leaflet or speak to your doctor or pharmacist if you would like more information about possible side effects.



**For more advice about information in this leaflet, contact:**

Monash Medicines Information -

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